

## Good practice in professional supervision: a checklist

Good practice in professional supervision:

- is based on a clear understanding of the purpose of supervision – what it is and what it isn't
- is based on a relationship of trust and respect
- requires good listening and communication
- encourages learning and reflective practice
- provides useful and constructive mutual feedback
- deals with issues of power and anti-oppressive practice
- clarifies issues of confidentiality
- deals with emotions as well as actions
- explores values and ethics
- deals with difficulties and conflict, and is prepared to challenge poor practice
- aims ultimately to support good practice within a framework of professional accountability.