

## Pre session Preparation

You might ask your student/trainee to provide you in advance with some, or all, of the following:

- an initial plan for the work they have been undertaking, including their aims and objectives
- the methods they will use / have used and how they will implement the piece of work
- their plans for evaluating the outcomes and effectiveness of their work
- session plans and process recordings for the piece of work
- a feedback report from a colleague who carried out the structured observation of their work.

In addition, you need to **be aware of your own non-verbal behaviour and inadvertent messages**, and of issues relating to cultural diversity and how these can influence communication.