

Audio transcript

Supervisor - Laura

In the final part of our last session, we evaluated the professional supervision overall...Sandra had made recordings of each supervision session, which helped us to look back and reflect.... She spoke about her anxiety about starting off... and thought that a lot of this was down to her fears about making written recordings. She had left school fifteen years ago without any qualifications and still lacked confidence about her academic ability... She saw herself as more of a practical rather than reflective person... But she felt that supervision had really helped her learn, as it gave her an opportunity to talk about her work and her learning on the Foundation Degree... and how they linked together, with someone who had been through professional training herself.

She had found my comments and feedback on her process recordings particularly useful... She had also found the process of contracting in the first session useful, as it had helped clear things up for her in her own mind.... She felt that I had challenged her at times, but not in a way that had put her down – again something that was important in work with young people.

Finally, we looked at how Sandra could continue to receive support for her learning on the Foundation Degree through her work. We agreed to include a time for reflective practice in our ongoing management supervision which takes place every two months...

Sandra will explore the possibility of peer supervision with another student on the Foundation Degree, who works in another part of our organisation. She will also continue to access other support available through The Open University, including tutorial sessions and other conversations with her tutor over the phone.